

Nancy Massar - Bio:

Nancy Massar is founder and President of Mindful Coaching, a Long Island based organization which provides professional and personal development through individual and team coaching, consulting and training. Specializing in optimizing her clients' internal resources by upgrading their thinking behaviors, language patterns, decision making, communication styles and approaches to conflict, Nancy's clients become more productive, improve their leadership effectiveness, enhance their relationship with customers and colleagues, make better decisions and improve their performance.

Previously, Nancy was with the IBM Corporation for eighteen years. Her experience with IBM as a business consultant and instructor focused on organizational change, quality improvement, business process improvement, leadership development, team building, problem solving, performance management, individual and team coaching, training and facilitation.

Ms. Massar holds a Masters of Science degree in Human Resources Education and Organization Development from Fordham University and a Bachelor of Science degree in Accounting from Long Island University. She received her coaching certification from the Institute for Professional Empowerment Coaching (iPEC). Nancy is certified in the Myers Briggs Type Indicator (MBTI). (The MBTI helps clients understand how their personal preferences such as work style, communication style, information gathering, problem solving and decision making affect their performance and work relationships.) Nancy is past president of the Long Island Coaching Alliance (LICA), a member of the International Coaching Federation (ICF), the Association for Psychological Type (APT-NY) and APICS. She is a board member of the NYC-LI chapter of APICS.